



BHRC WELLNESS Pool Schedule

WINTER November 11th - February 16th



| Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|----------|----------------------------|---|---|--|---|---|---|-----------------------|
| 5:30 AM | CLOSED | Open Water Walking, Adult Fitness, Therapy & Private Swim Lessons 5:30a-1p | Open Water Walking, Adult Fitness, Therapy & Private Swim Lessons 5:30a-1p | Open Water Walking, Adult Fitness, Therapy & Private Swim Lessons 5:30a-8:30a | Open Water Walking, Adult Fitness, Therapy & Private Swim Lessons 5:30a-8:30 | Open Water Walking, Adult Fitness, Therapy & Private Swim Lessons 5:30a-1p | CLOSED | |
| 6:00 AM | | | | | | | | |
| 6:30 AM | | | | | | | | |
| 7:00 AM | | | | | | | | |
| 7:30 AM | | | | | | | | |
| 8:00 AM | | | | | | | | |
| 8:30 AM | | | | | | | | |
| 9:00 AM | | | | | | | | |
| 9:30 AM | Water Fitness 8:30a-12p | Water Fitness 10a-12p | Therapy 8:30a-10:30 | Water Fitness 8:30a-12p | Therapy 8:30a-10:30 | Water Fitness 10a-12p | Water Fitness 8:30a-12p | Swim Lessons 9-12p |
| 10:00 AM | | | | | | | | |
| 10:30 AM | | | | | | | | |
| 11:00 AM | | | | | | | | |
| 11:30 AM | OPEN SWIM 12-5p | OPEN SWIM 1-8:30p | OPEN SWIM 1-8:30p | Open Water Walking, Therapy & Lessons 12-1p | Walking, Therapy, Lessons 12-1p | Elementary Special Needs Class 12:30-2:30p | Middle & High school Special Needs Class 12:30-2:30p | OPEN SWIM 8a-7p |
| 12:00 PM | | | | | | | | |
| 12:30 PM | | | | | | | | |
| 1:00 PM | | | | | | | | |
| 1:30 PM | | | | | | | | |
| 2:00 PM | | | | | | | | |
| 2:30 PM | | | | | | | | |
| 3:00 PM | | | | | | | | |
| 3:30 PM | | | | | | | | |
| 4:00 PM | | | | | | | | |
| 4:30 PM | | | | | | | | |
| 5:00 PM | | | | | | | | |
| 5:30 PM | CLOSED | SWIM LESSONS 5:30-7p | Water Fitness 5:30-6:30p | SWIM LESSONS 5:30-7p | Water Fitness 5:30-6:30p | CLOSED | CLOSED | |
| 6:00 PM | | | | | | | | |
| 6:30 PM | | | | | | | | |
| 7:00 PM | | | | | | | | |
| 7:30 PM | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | CLOSED | | |
| 8:00 PM | | | | | | | | |

Tot Pool Open Swim (shared with swim lessons)
 M-Th: 9am-8:30pm Fri: 9am-7pm
 Sat: 8am-7pm Sun: 12-5pm

Hot Tub Open to close daily **Sauna** ADULTS ONLY: Open to close daily