

## Delta Area Youth Basketball Rules K-2 & 3<sup>rd</sup>-4<sup>th</sup> grade 2018-2019

1. Coaches are expected to balance equal playing time for all players. Coaches should involve all players in the offense by giving them a chance to dribble and shoot at some point.
2. Man to man defense will be played once offensive player has crossed half court, no defense until the ball has crossed half court (no pressing). If you are caught playing a zone your team will be called for illegal defense.
3. The man-to-man can be a switching man-to-man for instance on an offensive screen, or a breakaway layup. (It will be up to coaches to match kids as best as possible based on size and ability.) Defensive players are not allowed to double team any player.
4. Games will consist of 8-minute running clock quarters. The clock will stop on the whistle during the last 2 minutes of each half (2<sup>nd</sup> & 4<sup>th</sup> quarter) if the score is within 10 points. Half time will be 5 minutes in length. There will be NO overtime for any game. Teams will be allowed approximately a 10-minute warm-up before the start of play. Each team allowed two timeouts per half.
5. There will be a dead ball call near the 4-minute mark of each quarter to allow teams to substitute players. **This will be a 30 second timeout for both teams. Please get your subs in so the game can continue to move.** Substitutions can also be made at any time during a dead ball.
6. 10 team fouls per half will be allowed in the 3/4-grade level. After the 10th team foul, two free throws will be given to the player fouled. Coaches should talk to players that foul excessively.
7. Key violations will 5 seconds for the lower grades
8. The game will be played with the "Junior or Elementary" ball and an 8' high rim. Official book and score will not be kept, and there will be no officials for k-2<sup>nd</sup> grade games. Coaches will need to keep the flow of the game going.

Remember that our primary objectives are to teach basketball fundamentals, sportsmanship and to foster the love of playing. Children learn through encouragement and opportunity. Coaches, you have to set the standard of behavior. You are responsible for your team and parents' behavior. Please remember that we couldn't play without officials so please treat them with respect. Thank you for your time and dedication.